

NURTURING KNOWLEDGE

TRAINING PRESENTATIONS

Explore the list of our available Nurturing Knowledge presentations below! If you are interested in booking a presentation for your organization, email us at expandinghope@terracecentre.ca!

Co-Parenting

Understanding that adolescent co-parenting dynamics look different for everyone, the importance of co-parenting, and strategies for workers helping young families navigate this dynamic.

Learning Objectives:

- Learn communication skills, boundary setting strategies, and how to support with making a parenting plan.
- Challenge bias and assumptions around co-parenting.

Working with Young Dads

Highlighting the importance of supporting Dads and keeping them involved, including practical strategies for engagement.

Learning Objectives:

- Understand the systemic biases held against young dads and learn to identify any personal and organizational biases.
- Learn the unique needs of young dads and how to design services to target those needs specifically.

Navigating Family Dynamics

Learning how to support teens in managing unavoidable difficult family relationships.

Learning Objectives:

- Learn how to support teens in creating and maintaining healthy boundaries.
- Understand practical strategies for helping teens maintain natural supports while still caring for their own needs.

Family Identity

Learning the benefits of having a strong family identity, and how to help young families with building a family identity.

Learning Objectives:

- Understand how parent-child attachment, parental identity, and families of origin affect family identity.
- Learn how to support young families overcoming adverse experiences from their family of origin, and how to build their own parental identity.

Supporting Young Parents

Exploring important considerations and strategies for working with young parents.

Learning Objectives:

- Understand how adolescent development and trauma influence teen parents.
- Learn how to empower and build connections with young parents.