

2017 COMMUNITY REPORT





MESSAGE *from* LEADERSHIP

Reflecting on 2017...

In 2017, we came closer to making a deeper impact on the lives of young parents in our community.

As over 50% of our young parents identify as Indigenous, we have made meaningful strides to better serve these families. Elsie Paul joined Terra in 2017 as our Elder in Residence. She has been present at Braemar School on a regular basis to smudge with students and staff and to provide a listening ear and warm heart. We have learned much about integrating Indigenous culture and traditional ways into our work through her teachings.

Given the complex and challenging lives our parents face, we strengthened our services to better support their emotional health and well-being. Funding from Alberta Health has enabled Terra to hire a mental health therapist, who is available to serve participants at all of our locations.

Terra is proud to have participated in the Research and Development team for Play, Participation and Possibilities: An Early Learning and Child Care Curriculum Framework for Alberta. Through this experience, we built on our knowledge of supportive and inspiring learning environments for children and their families. In 2017, we shared this new knowledge with the larger community through tours, public presentations and student practicum placements. We have also provided mentorship to colleagues in other agencies by sharing knowledge and experience on implementing the new curriculum.

Looking ahead...

We have extended our partnership with Brentwood Community Development Group. Over the last four years, 92 participants and 100 children have benefited from residing at Brentwood and while there, participating in our Housing Support Services program. The combination of safe, affordable housing and on site support services are enabling families to reach their goals and gain greater independence. Plans are underway for Brentwood to construct a new apartment building with a percentage of those suites being affordable and dedicated to young parents at Terra. As well as support services, Terra will operate an exceptional on site early learning childcare program with capacity for 70 children that will be available to not only the building residents but to the greater community.

Every day we witness young parents accomplishing their goals. We invite you to come visit us, have a tour and see firsthand the power of community care and support.

A heartfelt thanks to the many hundreds of donors, volunteers, supporters and steadfast funders whose contributions provide support, hope and courage to our young families as they continue to build their promising futures. Without you, much of what we do would not be possible.

Sincerely,



Karen Mottershead,
Executive Director



Erik Holmslund,
Board Chair

MISSION, VISION and VALUES



Team Terra, 2017. Photo credit: Rob Hislop.

Mission

Empowering teen parents to succeed.

Vision

Teen parent families thrive and enrich our community.

Values

Person Centered | We are relentless in putting those we serve at the heart of our work.

Respect | We are inclusive and celebrate diversity.

Partnerships | We build authentic relationships and partnerships.

Innovation | We are creative trail blazers.

Responsible | We ensure the sustainability of our core services.

**BOARD
of DIRECTORS**

*We asked our board members to complete the following statement:
"In 2017, I saw teen parents..."*



...work hard to reach their potential and make the best possible life for their children.



...who were determined and resilient.



...raise loving and healthy children.



...full of life and energy, determined to build a good life for them selves and their children.



...be strong, positive and confident advocates for themselves and their children.



...follow their dreams and handle obstacles with hope and determination along the way.



...strive to be the best they can be, and overcome everyday struggles and large life challenges.



...be positive role models for their children.



...accomplish great things—graduate high school, start post secondary and build healthy, happy homes.



...gain confidence to excel in their roles to help their families succeed.



...grow stronger and more resilient with support from Terra.



...be amazing, loving and nurturing parents.

YOUR GIFTS at WORK

Generous donor support sustains Terra's work. Financial contributions from our donors enable us to build independent, strong and healthy families through innovative services and programs that best meet young families' unique needs.

Together, we are transforming one life at a time. See below for some examples of what our families accomplished last year thanks to your support.

For the full interactive experience, visit terracentre.ca/publications to hear one donor's story about why they chose to support Terra.

- **95 young dads became stronger parents through the Services for Young Dads program.** Young dads were able to overcome their social isolation and strengthen their support system through opportunities to bond with other young fathers. Dads consistently self-identify social isolation as a top challenge, as young parents often experience a disconnect with their peers.
- **Teen parents secured stable housing and created safe, loving and happy homes.** 36 parents participated in eviction prevention programming to develop good tenancy skills and engaged with their neighbours to create community through our Housing Support Services program.
- **Children and parents became more resilient and developed new life and parenting skills while working to achieve their goals.** 180 young families received individual, in-home parenting and personal support through our Family Outreach program. Parents learn to set and achieve goals for themselves and their families while learning about positive parenting and healthy relationships and ensuring children are meeting developmental milestones.



\$414,350
in contributions



\$85,000+
of new in-kind
donations

GIVING BACK

At Terra, we are privileged to have outstanding volunteers who give their time and talent to our programs. The support that we get from our community is vital for our young parents to thrive.



3,253
volunteer hours



127
volunteers



"There are lots of other places to volunteer in the world but working with these women and seeing how hard they work keeps me committed to helping them achieve their goals."

~ Terra volunteer



PROFILE of our PARTICIPANTS

Number of participants we served

Nearly 900 moms, dads and children benefited from Terra's programs and services in 2017. Throughout the year, we served 416 moms, 95 dads and 386 children.

Participant ethnicity

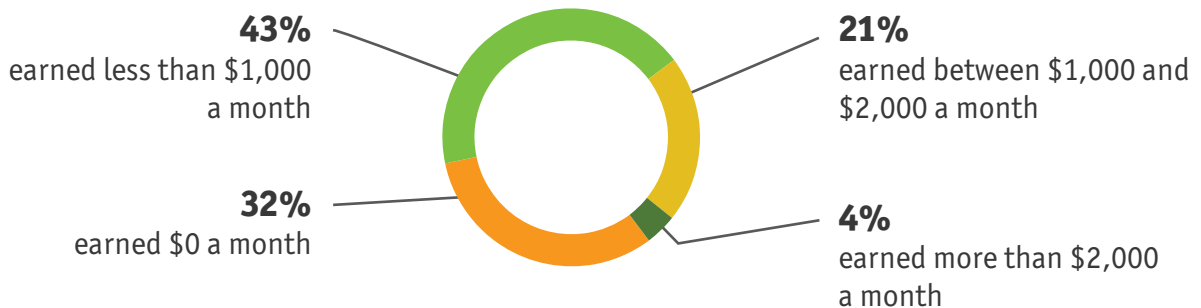
53%
identified as Indigenous

32%
identified as English/French
Canadian

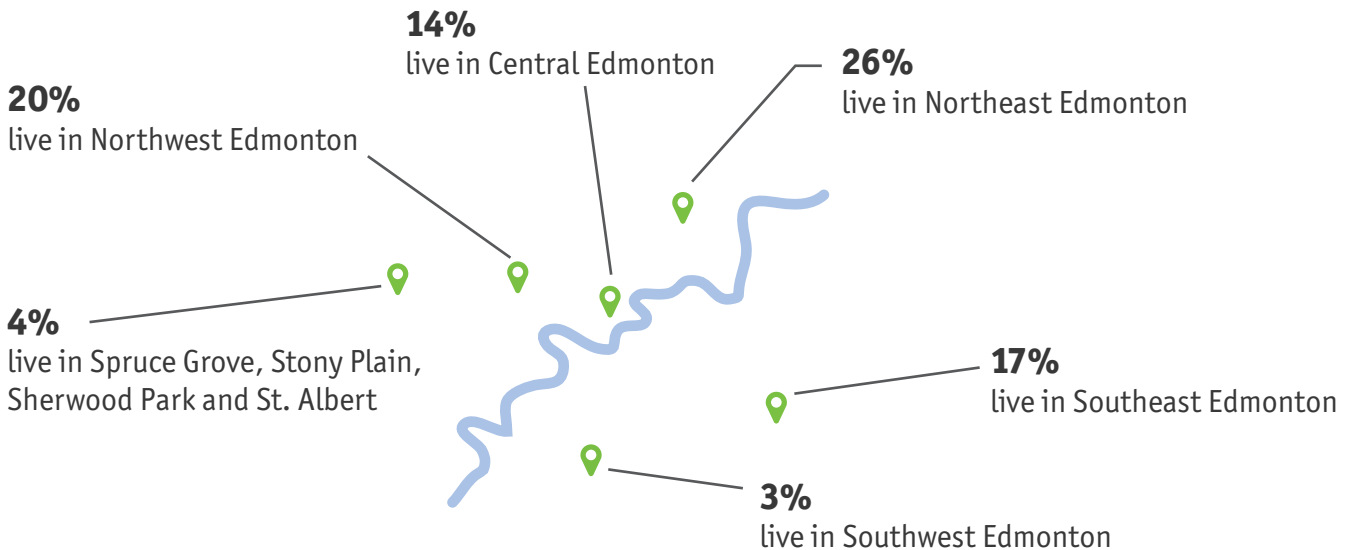
15%
identified as African, Asian,
European or Spanish

Monthly income

The Government of Canada stated that the 2017 low income cut-off was \$24,600 for a one-person family, \$30,625 for a two-person family and \$37,650 for a three-person family. At time of intake 100% of our families qualified as low income.



Where our participants call home



A JOURNEY through TERRA

Terra offers a vast range of programs, services and supports for young parents in Edmonton and area. We employ close to 70 staff across three locations to work towards achieving our mission of empowering teen parents to succeed.

To help illustrate the breadth of our work, we have created an infographic that follows one fictional family's journey through Terra. This is not a typical journey for a family, simply because every family has unique needs and goals. They can begin at any point of the journey and access as many or as few of our supports as they require.

We hope the linear style of the infographic will help you visualize how our programs support families throughout their journey with Terra.

Meet 16 year-old Emily and 19 year-old Tyler, and be prepared to learn more about our work in the community. Every statistic, fact and quote in the infographic relates to 2017.

For the full interactive experience, visit terracentre.ca/publications to watch the videos that correspond with the infographic and to hear directly from young parents, staff and an alumna.

Emily and Tyler discovered that they were expecting a baby. Although they were no longer in a relationship, they decided to share the responsibility of raising their child. They turned to Terra for help.

They contacted Starting Point, our intake program, and were each assigned a family outreach worker.

Emily enrolled at Braemar School, which offers high school programs exclusively for teen mothers.

Emily and Tyler attended Terra's groups to learn new skills and build friendships with other young parents.



100% of youth served at Terra voluntarily chose to participate in our programs.

fact: Our participants learned about our services through:

- 21% - their high school
- 44% - other agencies in Edmonton
- 14% - word of mouth
- 24% - online

6 hours per month spent, on average, by our family outreach workers providing one-on-one support for each family.

fact: Starting Point connects participants to a network of Terra programs and services, including housing support, family outreach, childcare, educational support, group programs, youth leadership and free clothing and essentials for children.

100% of Braemar School students were assigned to a Terra worker to help them achieve their educational goals.

fact: A wide range of community health organizations offered their services on site, including a pediatrician, dental hygienist, infant development and care clinic and an immunization clinic.

119 groups offered across all Terra locations.

1,000+ students learned about the realities of teen parenting through presentations delivered by Terra participants.

28 student ambassadors were offered 90 hours of group programming and developed skills in communication, problem solving and community citizenship.

67 participants attended Terra's parenting or prenatal classes to learn about parenting styles, child development and health and safety.



"Terra has helped me achieve my current goals and strive for future goals, giving me motivation and support."

~ Terra participant

After Jayson was born, Emily and Tyler secured a space for him at Terra's Child and Family Support Centre at Braemar School.

Tyler found a job in the construction field. Meanwhile, he attended Dad's Recreation Night at Terra to connect with other young dads.

Emily graduated high school, and with the help of our post high school transition program, enrolled in university.

Tyler obtained an apprenticeship and experienced more work stability. He was then able to spend weekends with his son and provide consistent financial support.

Emily applied for housing in Terra's Housing Support Services program. She and her son moved into a townhouse.

Emily and Tyler have met their goals and feel they no longer need Terra's support. They transition out of Terra's programs.



100% of Terra Child and Family Support Centre Early Childhood Educators are certified as Child Development Supervisors.

100% of child care spaces were reserved for the children of young moms at Braemar School.

75% of children enrolled at Terra's Child and Family Support Centre were less than 12 months old.

fact: Child and Family Support Centre staff are guided by the values, principles and concepts in Alberta's Early Learning and Child Care Curriculum Framework.

95 dads received support from Terra and met with their worker regularly.

fact: Our Services for Young Dad's program is the only home visitation program for young dads in Western Canada.



"I presented on our Services for Young Dad's program at a national conference, and shared some of our experiences and successes. Many agencies from all over Canada asked how we engaged and retained dads in our work, as they found it challenging when establishing their own groups."

~ Terra staff

23 teen parents attended a post-secondary institution or were enrolled in pre-employment/vocation training.

\$12,000 awarded in post-secondary scholarships to current participants and alumni, thanks to generous donor support.

fact: Terra's Post High School Transition program supports participants who attend post-secondary. Terra introduced this program in 2016 to address the gap in support.

19% of young dads were enrolled in employment readiness programs or apprenticeship programs.

41% of young dads found full time or part time employment.

78% of young dads were supported in their job search by Terra staff.

fact: Through our Services for Young Dad's program, Terra staff support and coach young fathers in parenting, child development, employment, legal matters and tenancy.

1,253 months of stable housing provided for 36 families living at Brentwood Homes.

35 eviction-prevention groups were offered to program participants.

69% of participants learned about being a better tenant.



"Brentwood has affected my life beyond words in a positive way."

~ Terra participant



"Having my son made me learn how to turn my life around. I still make mistakes, but I know how to live a stable life now and I'm going down a good path."

~ Terra participant

PARTNERS

ABC Head Start

AHVNA

Alberta Father Involvement Initiative

Association of Early Childhood Educators of Alberta

Bent Arrow Traditional Healing Society

Birth Control Centre

Bissell Centre

Bonnie Doon Health Clinic

Boyle Street Community Services

Braemar School

Brentwood Community Development Group

C5 Northeast Community Hub

Canadian Association of Family Resource Programs

Canadian Mental Health Association - Edmonton Region

Capital Region Housing Corporation

Carrington Group Builders Ltd.

CASA Child, Adolescent and Family Mental Health

Catholic Family Service of Calgary – Louise Dean Centre

Centre for Child, Family and Community Research

Centre for Family Literacy

Centre for Public Legal Education Alberta

Child Development Dayhomes

Chimo Youth Retreat Centre

Community Initiatives Against Family Violence

Community Options

Community-University Partnership for the Study of Children, Youth & Families

Duggan Public Health Centre

East Edmonton Health Centre

Edmonton and Area Fetal Alcohol Network

Edmonton Catholic School District

Edmonton Coalition on Housing and Homelessness

Edmonton Inter-Agency Youth Services Org

Edmonton John Howard Society

Edmonton Mennonite Centre for Newcomers

Edmonton Public Library

Edmonton Public School Board

Edmonton Young Offender Centre

Edmonton's Food Bank

The Family Centre

Father Involvement Network Edmonton Region

The GRIT Program Health for Two

Indigenous Birth Alberta

Jasper Place Child and Family Resource Centre

Kara Family Resource Centre

Kids Kottage

Kids Up Front Foundation

La Leche League of Canada

Legal Aid Alberta

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Military Family Resource Centre

Norwood Child and Family Resource Centre

Ottewell Place

Our Lady of Grace School of Alternative Education

PolicyWise for Children & Families

Post Partum Depression Association

Primrose Place Family Centre

Royal Alex - Adolescent Pregnancy Care Clinic

TODAY Family Violence Help Centre

West Jasper Place Public Health Centre

Woodcroft Community League

YOUCAN Youth Services

Youth Empowerment and Support Services

Zebra Child Protection Centre

REVENUE and EXPENSES



- 44% - Provincial funding
- 6% - United Way funding
- 1% - Capital project
- 10% - Federal funding
- 6% - Municipal funding
- 12% - Child care fees
- 11% - Other funding
- 10% - Fundraising, donations, foundations



- 86% - Program delivery
- 1% - Capital project
- 5% - Administration
- 3% - Facility
- 2% - Fundraising
- 3% - Education and training

Copies of the complete Financial Statements audited by Peterson Walker LLP Chartered Accountants are available at terracentre.ca.



FUTURE BUILDERS

Deep gratitude to our Future Builders, donors who have made a commitment to Terra's endowment fund or included us in their estate plans. To learn more, please contact Donna at 780-428-3772 or dma@terracentre.ca.

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