



## Braemar Graduation

"If you can dream it, you can do it. One step at a time." This was the inspirational motto of the 2010 Braemar graduation on Friday, June 25 at City Hall. The motto speaks to the achievement of the graduates who handled high school and the challenges of parenting simultaneously.

Terra staff and the families and children of the 38 graduates watched as Principal Sandra Erickson presented the diplomas. This 2010 class had the most graduates in Braemar School history.

Many of the teen moms wore dresses from Cinderella's Closet, a local organization which provides no cost graduation attire for students who qualify. A highlight of the ceremony was witnessing the graduates simultaneously toss their tassel caps over the City Hall balcony as the crowd applauded proudly!



*Graduate Jessica Fryingpan & Braemar Assistant Principal Krista Mulder.  
Photo Credit: Blue Mango Photography*

## Baby Heroes Diaper Drive Campaign 2010

Diapers are an expensive necessity for our teen parents to provide for their babies. You can help! The second annual Baby Heroes Diaper Drive is October 6 to 24, 2010. The main drop off location for the campaign this year is Kingsway Mall. Global TV and Newcap Radio are sponsors again for the campaign.

Terra invites people in the community to get involved in the Diaper Drive campaign as volunteers. Please contact Lori Jeske at 780.428.3772 for more information. Please drop off your diaper donation during the campaign at Kingsway or donate on-line at:

[www.terraassociation.com](http://www.terraassociation.com)



## Dates to Remember

Call Terra for more information.

**Baccarat Casino** - volunteers needed  
March 10 and 11, 2010

**Annual General Meeting**  
Edmonton Petroleum Club  
Wednesday, March 30, 2010

**Terra Tours at Braemar School**  
Please call Terra to register  
Light lunch included  
October 13 at 12 p.m.  
November 10 at 12 p.m.  
December 15 at 12 p.m.

Terra also needs Bingo volunteers.  
Phone Lori Jeske at 780.428.3772 for more information.

## Alumni Picnic

The alumni picnic on Saturday, June 26 at Coronation Park was a great success! Attendees included 12 Terra employees, 45 alumni and kids who all enjoyed barbecued hot dogs, hamburgers and salad. A delicious cake decorated with the Terra logo by alumnus Joe Bos was a huge hit. Marcella Bos organized awesome games for the kids including a tug of war and water balloon toss.

The event was a perfect opportunity for recent alumni and those who were connected many years ago with Terra to mingle and enjoy the sunny afternoon.



*Alumni Amanda, Peter and baby Riley Tavares at the Alumni Picnic.  
Photo Credit: Nancy Burns*



**Fact:**

Terra provided programs and services to 612 clients (540 moms and 72 dads) in 2009!



**Promise is going green!**

Contact us at 780.428.3772 or [terra@terraassociation.com](mailto:terra@terraassociation.com) to start saving paper and receiving yours via email!

## Interview with Kayla

Kayla Lamouche was 16 years old and in Grade 10 when she had her son Nathaniel. She connected with Terra when Nathaniel was six months old to continue her high school education at Braemar School. Kayla had a daughter, Teanna after her son. Kayla graduated from Braemar in 2009 and is now 21 years old. She lives with the father of her children who are five and two years old. In January, Kayla will study Chemical Engineering Technology at NAIT. Here are some thoughts from Kayla on her experience as a teen mom who received support from Terra.

### How did Terra help you?

Terra provided great emotional support for me. My outreach worker, Gail was incredible. She helped me find an apartment and provided bus tickets. Both my children were in the Terra Childcare Centre, on-site at Braemar School. Nathaniel was in the Centre at six months old and Teanna at three weeks old. It was so convenient for me as I breast-fed. I didn't feel as guilty leaving them and the Childcare staff were incredible. The Clothes Closet at Braemar also helped me out a lot as I could pick out really nice donated clothes at no cost for my kids. When Nathaniel was a bit older, Terra gave us tickets to Eskimos and Oil Kings games. My son and I loved going to the games!

When I was in grade 12 at Braemar, I think I was a good role model for the younger students. I tried hard to set a good example and tell them to work hard at their education for a positive future for themselves and their children.

### How are teen parents perceived in the community?

Teen parents are judged and many people have a negative opinion of us. Especially when I was younger, I heard the whispers about "kids having kids". I learned to ignore what people say as I know I'm doing the best I can for me and my family.

### How can the community support Terra and teen parents?

I want to spread the word that teen parents can be good parents. They have potential to be successful in their careers when they are older and have healthy relationships with their children as they were young when they had them. The community can support Terra with donations.

### What are your ambitions?

I want to work for the government as a Chemical Engineering Technologist after I graduate from NAIT.



Kayla Lamouche at the 2009 Braemar Graduation.

Photo Credit: Patrick Cadieux

## Newsletter Going "Green"

In an effort to reduce costs and respect the environment, Terra is in transition towards electronic distribution of our newsletter.

Please contact [terra@terraassociation.com](mailto:terra@terraassociation.com) or phone 780.428.3772 with your preferred distribution method of the Terra "promise" newsletter. Options are:

- Email (please ensure we have your current email address)
- Paper
- I do not wish to receive the newsletter



## Wish List

### For the children

- disposable diapers, newborn to size 6
- baby wipes
- new baby bottles
- baby wash, lotion, diaper cream
- new blankets and sheets
- new socks for infants and toddlers
- new clothing for infants and children, newborn to size four (sleepers, pj's, shirts, pants, snowsuits)

### For the parents

- bus tickets
- movie passes
- gift cards for Safeway, Wal-Mart, Zellers etc. (suggested value of \$25.00)
- personal hygiene products (no hotel samples)
- socks, gloves, hats for moms & dads
- new household goods (sheets, towels, face cloths, tea towels, dishcloths, cleaning supplies)

## Reflections from our Board Chair/Executive Director

### 2011 Marks 40 Years of Community Service

With 2011 quickly approaching, we have been reminiscing a great deal over the last few months about the history of Terra. Hardly a day passes at Terra without a phone call, chance meeting or email from an alumni, former staff or volunteer. Often their stories and encounters leave me tingling in awe and amazement. Their spirit and passion for Terra is still so much alive!

During the summer our sleuth summer student spent many hours researching individuals to connect with who have a past with Terra in any shape or form. Her efforts paid off and many stories were shared and written to assist us as we embark on tracing and documenting the history of Terra.

At our recent September staff meeting we were privileged to have Kay Feehan, a Terra historical figure join us to share her Terra experience from over 40 years ago. Kay was discovered during the research efforts. She was the first Social Worker for the few teen moms who originally joined Terra, (two years before Terra was incorporated). She was deeply impacted by her work and relationships with these young people. Their strong, determined spirits are what she recalled so vividly. Kay spoke passionately about the mission of Terra 40 years ago... high school completion and the importance of raising self confidence. Here we are 40 years later with

the same vision for our teen parents!!

Kay reaffirms for us the mission of Terra has been upheld for 40 years. Meeting with hundreds of alumni over the last few years reaffirms the value and importance of Terra. Since 1971, thousands of teen parents and their children have benefited from the support and encouragement offered to them through Terra. The community has also benefited. We see alumni as successful community members in every direction; board members Cam Miles and Barb Hoff Morin, Amanda Babichuk, owner of d'Lish, five alumni employed at Terra as outreach staff and hundreds more. You will hear more about some of them this year as we profile 40 Years - 40 Stories of Terra.

There is much to celebrate in recognizing 40 years. Plans are on the drawing table for a number of activities. Please call us if you have crossed paths with Terra over the last 40 years as a teen mom/dad, staff, volunteer or supporter. We invite you to share your story and keep in touch to join us for the festivities.

We look forward to meeting new and old friends in 2011 and joining together with our community partners to celebrate the many Terra successes.

Sylvia Nasser  
Board Chair

Karen Mottershead  
Executive Director

[www.terraassociation.com](http://www.terraassociation.com)  
Ph. 780.428.3772

## Dad's BBQ

The young dad's barbecue celebration was Saturday, June 5 at Borden Park. Approximately 56 clients and their children attended the event. Everyone enjoyed the sunny weather and the delicious hamburgers and hot dogs. Four community volunteers and 12 Terra employees helped make the event a success. They provided face painting and other activities for the children in attendance. The barbecue celebrated the important role of young fathers in the lives of their children!



Elliot Heuft and daughter Alanna enjoy the Dad's BBQ.

Photo Credit: Roberta Wells

## Terra 40th Anniversary

Calling all alumni! Terra is looking for alumni interested in sharing their personal stories for a publication as part of our 40th anniversary celebrations. Please contact Laura Slomp at 780.466.1156 for more information or to share your story.



# terra

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Edmonton & Area  
Child & Family Services Region 6



## Endowment Fund

Terra started to explore ways to secure a sustainable future for the agency a few years ago. A new endowment fund was created and interested donors were encouraged to designate their giving or planned giving to this fund. In an endowment fund, the capital invested (or donated) remains untouched in perpetuity. Only the interest generated from the fund is used to fulfill the objective of the fund.

For example, in 1995 the Poole family endowed \$100,000 in a fund dedicated to the healthy nutrition of teen families. Today the fund still remains at around \$100,000 and has generated more than \$100,000 in interest.

David King from the Alberta Association of School Boards retired in June. In lieu of gifts, this Association donated \$2,750.00 to the Terra endowment fund at the Edmonton Community Foundation. David King is so supportive of the work Terra does with the teen moms at Braemar School and requested these funds be directed to our endowment fund for scholarships.

For more information on our endowment program or on how to make a contribution to the program, please contact Patrick Cadieux at 780.428.3772.

## Terra Board of Directors

Sylvia Nasser.....Chair  
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Terra is registered at  
CanadaHelps.org  
for online donations.

**CanadaHelps.org**  
Giving made simple.

### Enclosed is my tax deductible donation for:

☐ \$25 ☐ \$50 ☐ \$100 ☐ \$150 ☐ \$200 ☐ \$500 ☐ Other: \$ \_\_\_\_\_

Payment Type: ☐ Cheque ☐ Visa ☐ Mastercard

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

☐ One Time Gift ☐ Monthly Gift for \_\_\_\_\_ months (Monthly gifts can be made via post-dated cheques or credit card)

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ PO Code: \_\_\_\_\_ Email: \_\_\_\_\_

☐ I do not want my name to appear on any Terra donor lists.

### Alberta Charitable Tax Credit Example:

|                                              |   |                                          |   |                                           |   |                                         |   |                                         |   |                                            |
|----------------------------------------------|---|------------------------------------------|---|-------------------------------------------|---|-----------------------------------------|---|-----------------------------------------|---|--------------------------------------------|
| Total Annual<br>Donation:<br><b>\$500.00</b> | > | Alberta Tax<br>Credit:<br><b>\$83.00</b> | > | Federal Tax<br>Credit:<br><b>\$117.00</b> | > | Total Tax<br>Credit:<br><b>\$200.00</b> | > | Your Actual<br>Cost:<br><b>\$300.00</b> | > | Donation Cost<br>Per Day:<br><b>\$0.82</b> |
|----------------------------------------------|---|------------------------------------------|---|-------------------------------------------|---|-----------------------------------------|---|-----------------------------------------|---|--------------------------------------------|

Any personal information provided on this form will be used for administrative purposes only.  
Charitable Reg. # 119210417RR001 An official tax receipt will be issued for all donations.